



Common Milkweed in the Butterfly Garden at the Federated Church of Norfolk

NATIVE PLANTS

What are Native Plants and Why Plant them in your Garden?

Native plants are plants that evolved in our area. They grew naturally here before humans began to bring in outside plants to grow and farm. Native plants adapted to the climate and cultural conditions of our area and became part of our ecosystem.

- Native plants do not need a lot of extra water.
- Native plants do not need pesticides. They are already acclimated to insect populations and they rarely need fertilizers.
- Insects need them to survive. 90% of insects depend on native plants for their survival. 37% of animal species eat herbivorous insects.
- Native plants are rarely invasive.
- Local wildlife, birds, and butterflies have a relationship with native plants. They rely on them for food, shelter, and nesting.

Where Can I Buy Native Plants?

Bigelow Nurseries

455 Main Street
Northboro, MA

Briggs Nursery

295 Kelley Boulevard
North Attleborough, MA

Fedco Trees

<https://www.fedcoseeds.com/trees/list-native>

Native Plant Trust

(Garden in the Woods)
180 Hemenway Road
Framingham, MA

Prairie Moon Nursery

<https://www.prairiemoon.com/>

Soares Flower Garden Nursery

1021 Sandwich Road
East Falmouth, MA

Sylvan Nursery

1028 Horseneck Road
Westport, MA

Walsh's Greenhouse

225 Main Street
Norfolk, MA

Weston Nurseries

93 East Main Street
Hopkinton, MA

GARDEN CLUB OF NORFOLK

Box 444
Norfolk, MA

www.gardenclubofnorfolkma.com

Partial List of Native Plants in New England

For more complete lists of Native Plants in New England Go to:
The Native Plant Trust: Nativeplanttrust.org or Grow Native Plants: grownativemass.org

Trees

Abies balsamea, balsam fir
Ash: white ash, black ash
Birch: Sweet birch, yellow birch, river birch, paper birch and gray birch
Carpinus caroliniana, ironwood
Cedar: Atlantic white cedar, red cedar
Cercis canadensis, eastern redbud
Cornus Florida, flowering dogwood
Cornus Sericea, redbud dogwood
Fagus grandifolia, American beech
Maple: Black maple, red maple, sugar maple, striped maple, mountain maple
Oak: Swamp white oak, scarlet oak, bur oak, chinkapin oak, pin oak, chestnut oak, red oak, eastern white oak
Pine: pitch pine, white pine, red pine
Platanus occidentalis, American sycamore
Prunus serotina, black cherry
Sassafras albidum, sassafras

Shrubs

Ceanothus americanus, New Jersey Tea
Cephalanthus occidentalis, buttonbush
Clethra alnifolia, sweet pepperbush
Hamamelis virginiana, witch hazel
Ilex glabra, inkberry
Ilex opaca, American holly
Kalmia latifolia, mountain laurel
Lindera benzoin, northern spicebush
Spiraea latifolia, meadowsweet
Vaccinium angustifolium, lowbush blueberry
Vaccinium corymbosum, highbush blueberry
Vaccinium macrocarpon, cranberry
Viburnum acerifolium, mapleleaf viburnum
Viburnum alnifolium, hobblebush
Viburnum cassinoides, witherod viburnum
Viburnum dentatus, arrowwood
Viburnum trilobum, American cranberrybush

Perennials - Sun/Part Shade

Agastache foeniculum, anise hyssop
Anemone canadensis, Canada anemone
Antennaria neglecta, field pussytoes
Aquilegia canadensis, red columbine
Asclepias incarnata, swamp milkweed
Asclepias syriaca, common milkweed

Asclepias tuberosa, butterfly weed
Baptisia australis, blue wild indigo
Chelone glabra, white turtlehead
Chelone lyonii, pink turtlehead
Dicentra eximia, fringed bleeding heart
Echinacea purpurea, purple coneflower
Eupatorium perfoliatum, boneset
Eurybia divaricata, white wood aster
Eutrochium maculatum, spotted Joe-Pye weed
Eutrochium fistulosum, hollow Joe-Pye weed
Eutrochium purpureum, sweet Joe-Pye weed
Geranium maculatum, wild geranium
Helenium autumnale, sneezeweed
Hibiscus moscheutos, rose mallow
Liatris scariosa, blazing star
Lobelia cardinalis, cardinal flower
Lupinus perennis, blue lupine
Monarda didyma, crimson beebalm
Monarda punctata, spotted beebalm
Monarda fistulosa, wild bergamot
Polemonium reptans, Jacob's ladder
Pycnanthemum muticum, mountain mint
Opuntia spp., prickly pear cactus
Rudbeckia hirta, black-eyed Susan
Schizachyrium scoparium, little bluestem
Sedum ternatum, wild stonecrop
Senna hebecarpa, wild senna
Solidago spp., goldenrod
Symphotrichum novae-angliae, New England aster
Symphotrichum novi-belgii, New York aster
Tradescantia ohiensis, spiderwort
Vernonia noveboracensis, New York Ironweed
Viola sororia, common blue violet

Perennials – Shade/Part Shade

Adiantum pedatum, maidenhair fern
Arisaema triphyllum, Jack-in-the-pulpit
Dicentra cucullaria, Dutchman's breeches
Mertensia virginica, Virginia bluebells
Matteuccia struthiopteris, ostrich fern
Osmundastrum cinnamomeum, cinnamon fern
Phlox divaricata 'Blue Moon', wild blue phlox
Podophyllum peltatum, mayapple
Polygonatum commutatum, Solomon's seal
Polystichum acrostichoides, Christmas fern