

# Know and Grow Native Plants

Presented by Suzanne Mahler

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The term 'native plant' is generally defined as a plant that was indigenous to a specific region prior to the arrival of European settlers. As a general rule, they are able to survive our New England weather extremes with minimal care when grown in a suitable location, offering beauty while providing habitat for wildlife and pollinators, making them essential for a healthy ecosystem.

## Introduction:

- 1-2 Opening Scenes
- 3 Eastern Red Cedar (*Juniperus virginiana*)
- 4 Inkberry Holly 'Shamrock' (*Ilex Glabra*)
- 5 Fetterbush (*Leucothoe fontanesiana*): 'Nana'; 'Scarletta'
- 5-6 Winterberry holly (*Ilex verticillata*): 'Sprite'; 'Winter Gold'
- 8-10 Shrub dogwoods: (*Cornus sanguinea*) 'Mid-winter Fire'; 'Arctic Fire'; 'Silver and Gold' variegated yellow-twig dogwood
- 11 White Birch (*Betula papyrifera*); 'Heritage' Birch (*Betula nigra*)
- 12-14 Red Oak (*Quercus rubra*); Sugar Maple (*Acer Saccharum*); Red (swamp) Maple (*Acer rubrum*)
- 15 Sourwood (*Oxydendrum*)
- 16-22 Spring planting; Serviceberry (*Amelanchier*); American redbud (*Cercis canadensis*) 'Forest Pansy'; American dogwood (*Cornus florida*); Crabapple (*Malus 'Zumi'*); Black cherry (*Prunus serotina*)
- 23 Fothergilla: 'Blue Shadow'
- 24-25 Ninebark (*Physocarpus*): 'Diablo'; 'Center Glow'; 'Amber Jubilee'
- 26-28 Mountain Laurel (*Kalmia latifolia*): 'Olympic Fire'; 'Sarah'; 'Minuet'
- 29-30 Rhododendron maximum; flame azalea (*R. caldendulaceum*); swamp azalea (*R. viscosum*)
- 31 Bottlebrush buckeye (*aesculus parviflora*)
- 32 Viburnum nudum 'Brandywine'
- 33 Elderberry (*Sambucus canadensis*)
- 34 Calycanthus floridus; 'Athens'
- 35-36 Smooth Hydrangea: *arborescens* 'Annabelle'; 'Invincibelle Spirit'
- 37-38 Oakleaf Hydrangea (*H. quercifolia*)
- 39 Buttonbush (*Cephalanthus occidentalis*)
- 40 Sweet pepperbush (*Clethra anifolia*) 'Humm ingbird'; 'Ruby Spice'
- 41 Honeysuckle (*Lonicera*): *sempervirens*; 'Gold Flame'; trumpet vine (*Campsis radicans*)
- 42-44 Bloodroot (*Sanguinaria canadensis*); S. 'multiplex'
- 45-46 Lady slipper (*Cypripedium*): *acaule*, *parviflorum*, *reginae*
- 47 Jack-in-the-pulpit (*Arisaema triphyllum*)
- 48 Dutchman's Breeches (*Dicentra cucullaria*)
- 49 Virginia bluebells (*Mertensia virginica*)
- 50 Merrybells or Bellwort (*Uvularia grandiflora*)
- 51 Wild geranium (*Geranium maculatum*)
- 52-54 Trillium (*grandiflorum*, *sessile*)
- 55 Mayapple (*Podophyllum peltatum*)
- 56 Shooting star (*Dodecatheon*); Golden Alexander (*Zizia*)
- 57 Creeping phlox (*Phlox stolonifera*)
- 58 Wood poppy (*Stylophorum diphyllum*)
- 59 Solomon's Seal (*Polygonatum odoratum*)
- 60 Crested Iris: (*Iris cristata alba*; *I. cristata*)
- 61 Fringed bleeding Heart (*Dicentra eximia*)
- 62 Goatsbeard (*Aruncus*; *dioicus*)
- 63-64 Indian pink (*Spigelia marilandica*)

- 65-66 Red baneberry; Doll's Eyes; bugbane (*Actaea rubra*; *A. pachypoda*; *A. racemosa*; formerly *Cimicifuga*)
- 67 Cardinal Flower; Great Blue Lobelia (*L. cardinalis*; *L. siphilitica*) Turtlehead (*Chelone*);
- 68-69 Turtlehead (*Chelone*) 'Hot Lips'; 'Black Ace'
- 70-72 Ferns: Ostrich fern, Cinnamon fern (N); Crested Lady fern Dre's Dagger
- 73 Ginger (*Asarum*): *shuttleworthii*; *canadense*
- 74-76 Coral Bells (*Heuchera*) *sanguinea*; 'Palace Purple'; 'Silver Scrolls'; 'Plum Pudding'; 'Lime Rickey'; 'Caramel'; 'Citronelle'
- 77-78 Foamflower (*Tiarella*): 'Spring Symphony'; 'Neon Lights'
- 79-80 Wintergreen (*Gaultheria procumbens*); Bunchberry or creeping dogwood (*Cornus Canadensis*)
- 81 Ground Phlox (*Phlox subulata*)
- 82 Blue Star (*Amsonia*): *A. tabernaemontana*; *A. hubrichtii*
- 83 Blue Flag Iris: *Iris Versicolor*; *I. Gerald Darby*
- 84 Sundrops (*Oenothera fruticosa*)
- 85 False Indigo (*Baptisia*): *B. australis*; *B. schaerocarpa* 'Screamin' Yellow'
- 86-87 Purple Coneflower (*Echinacea purpurea*): *E. 'Magnus'*; pollinators
- 88 Queen of the Prairie (*Filipendula rubra*)
- 89 Tickseed (*Coreopsis*): *C. lanceolata* 'Baby Sun'; *C. verticillata* (threadleaf) 'Zagreb'
- 90 Gayfeather (*Liatris spicata*)
- 91-93 Beebalm (*Monarda*): 'Raspberry Wine'; 'Jacob Cline'; *fistulosa*
- 94 Turk's Cap Lily (*Lilium superbum*)
- 95 False Sunflower (*Heliopsis helianthoides*): *H. 'Summer Sun'*; *H. 'Burning Hearts'*
- 96-99 Milkweed (*Asclepias*): common (*A. syriaca*); butterfly weed (*A. tuberosa*); swamp (*A. incarnata*)
- 100 Culver's root (*Veronicastrum virginicum*)
- 101 Anise Hyssop (*Agastache*): *A. 'Blue Fortune'*; *A. 'Blue Boa'*
- 102-105 Joe-Pye-Weed (*Eutrochium maculatum*; formerly *Eupatorium*); *E. fistulosum* 'Bartered Bride'; *Ageratina altissima* 'Chocolate'
- 106-108 Black-eyed Susan (*Rudbeckia fulgida goldsturm*); *R. maxima*; *R. nitida* 'Summer Sun'
- 109 Sunflower (*Helianthus*): *H. 'Lemon Dream'*; Sweet coneflower *Rudbeckia subtomentosa*
- 110-112 Garden Phlox (*Phlox paniculata*): 'Laura', 'Bright Eyes'; 'David'; seedlings
- 113-114 Swamp Rose Mallow (*Hibiscus moscheutos*)
- 115-116 Helen's flower (*Helenium autumnale*): *H. Butterpat*; *H. 'Mardi Gras'*; *H. 'Salsa'*
- 117 Blazing Star (*Liatris ligulistylis*)
- 118-120 Goldenrod (*Solidago rugosa*); Grass-leaved goldenrod (*Euthamia graminifolia*); ragweed
- 121 New York Ironweed (*Vernonia noveboracensis*)
- 122-124 Aster: (*Symphotrichum novae-angliae*); (*S. novae belgii*); wood aster (*Eurybia divaricatus*)
- 125 Annual Sunflower: *Helianthus annuus*
- 126-128 Ornamental grasses: switch grass 'Northwind' (*Panicum virgatum*); northern sea oats (*Chasmanthium*); Little Bluestem (*Schizachyrium*)
- 129-130 Garden in the Woods (Native Plant Trust, Framingham, MA)
- 131-133 Closing scenes

Grow Native Massachusetts: [grownativemass.org](http://grownativemass.org)

[Bringing Nature Home](#); [Nature's Best Hope](#) (Douglas Tallamy); [Native Plants for New England Gardens](#) (Mark Richardson and Dan Jaffe)

